

## Welcome

The team at the Oxford Orthodontic Centre would like to take the opportunity of welcoming you to our practice. This leaflet contains important information about the practice and our services. If after reading this leaflet you have any further questions, please either speak to the Reception Staff on 01865 308818 who will be able to assist you or visit [www.braces4oxford.co.uk](http://www.braces4oxford.co.uk).

## Our Services

Our practice is a specialist orthodontic practice and our services are limited to orthodontic (brace) treatments only. You must continue to see your General Dental Practitioner for regular dental inspections and routine dental care, as we do not provide these services. We provide many alternative orthodontic treatments, including:

- Regular fixed metal braces, which are available under the NHS for qualifying patients
- Less visible ceramic tooth coloured braces
- Clear Invisalign™ aligners, which are much less visible and removable for easier cleaning; suitable for minor alignment problems
- Lingual (inside) braces, the almost invisible solution for most comprehensive orthodontic treatments

## Referral

Most people are referred by the family dentist for an orthodontic assessment and possible orthodontic treatment. Every child should have an orthodontic assessment by the age of 10 years. This is normally undertaken by the family dentist, who may refer to a Specialist in Orthodontics for further advice when an abnormality is detected.

Please note that many children are referred too early to start orthodontic treatment. The majority of orthodontic treatment occurs when most of the adult teeth have erupted; usually between 12 and 14 years of age. However, some very simple treatments are undertaken at an earlier age in order to correct the bite of the front teeth to assist in normal dental development.

## Orthodontic Treatment

Most people are aware that braces straighten teeth but orthodontic treatment can achieve

## NHS Treatment

We have a contract with the Thames Valley Area Team, NHS England to provide limited orthodontic services. Please see separate NHS information leaflet for further details.

## Private Treatment

Adult treatment, less visible appliances and some specialised forms of orthodontic treatment are available only by private contract. For more details of our complete range of orthodontic treatments visit our website at [www.braces4oxford.co.uk](http://www.braces4oxford.co.uk).

Metal, ceramic and lingual appliances, and a clear aligner.



more than beautiful smiles. Orthodontics is a specialist branch of dentistry concerned with the prevention and treatment of dental and facial irregularities. The technical term for these problems is 'malocclusion', which means *bad bite*. There are many different forms of malocclusion; most are inherited but some are acquired, e.g. by thumb sucking. Most problems can be corrected but often require fixed (train-track) braces for a period of 18-24 months.

## Is Treatment Important?

Everybody wants to have a beautiful smile and everyone needs to have a healthy mouth; our aim is both. Poorly aligned teeth are difficult to clean and may be prone to accelerated tooth decay and premature gum disease.

An attractive smile is an asset, which cannot be underestimated. A pleasing appearance is a vital asset to personal self-confidence. Orthodontic treatment frequently brings an improvement in self-esteem as unsightly teeth align and lips and face are brought into harmony.

## Your First Appointment

Your first appointment is for an initial orthodontic assessment only. If you would like to make an appointment, please telephone the practice and we will be pleased to arrange a convenient time for you. This is free for NHS patients under the age of 18. Please note, many children are referred very early and are not ready to start treatment; if this is the case we will arrange a review appointment after an appropriate interval. It may be advisable to take an x-ray to assess the position of any unerupted teeth. Occasionally, impacted and supernumerary teeth are detected, which may require surgical removal in hospital before treatment can begin.

At this stage it may be possible to say if treatment is either necessary or desirable but in many instances it is best to wait until most of the adult teeth have erupted before making decisions about dental appearance and the need for orthodontic treatment.

## Access

Unfortunately, whilst we would like to be able to see all patients, due to the stair access to our first floor premises, the treatment areas are not accessible to wheelchairs. If you are a wheelchair user, we can make an initial assessment at your home and then discuss possible referral to a provider that is fully accessible. If you do have any disability that you think we need to know about please give us a call before your appointment and we will do our best to put suitable arrangements in place to accommodate your needs. The only language spoken at this practice is English.



## Missed Appointments

Missing appointments wastes time and resources, which may be needed by other patients. As a courtesy to others we



respectfully request at least 24 hours' notice for cancelling and changing appointments.

## Patient Confidentiality

We take patient confidentiality extremely seriously and all personal information is treated in strictest confidence. All our patient records are securely stored to ensure that any patient information is only accessed as part of your treatment. No information will ever be released to a third party without your express consent. We have a strict confidentiality policy. To see a copy of this policy, please ask at reception or visit our website.

## Complaints & Comments Procedure

We aim to make your experience at the practice as pleasant as possible. However, should you wish to make a complaint or comment, please contact the Practice Manager who will be able to deal with your concerns and talk you through our complaints procedure. Alternatively, you can pick up a copy of the procedure from reception or visit our website.

## Data Protection

The practice is committed to upholding the Data Protection Act 1998 and the Freedom of information Act 2003. For more information, ask for our Publication Scheme leaflet or visit our website

## Method of payment

We accept the following methods of payment at the practice: cash, personal cheque and major credit and debit cards (Visa, MasterCard, Switch/Maestro). There are several payment plans for treatment by private contract to spread the cost of your treatment over the expected treatment duration.

If you are seeking self-funded orthodontic treatment you will probably require an initial assessment to discuss the possible options for treatment, the approximate duration for each option and the likely cost of your preferred option. Indicative private treatment costs can be found at:

[www.braces4oxford.co.uk/FeeScale.htm](http://www.braces4oxford.co.uk/FeeScale.htm)

If you are seeking NHS treatment please bring your NHS number to your appointment. If we are unable to verify your entitlement, treatment may be withheld.



### Emergency Care

Orthodontic emergencies are extremely unusual. However, outside normal practice hours our answerphone service and website provide information on how to deal with broken braces.



### Members of Staff

#### Orthodontists (Performers)

- **Sadaf Khan** (male) GDC Reg 78455: BSc (Hons), BDS (Hons) 5-Sep-2000, MFDSRCS, MSc, MOrth RCS, FDS (Orth) RCS; Company Director, PCO Contractor and Provider (Tue & Fri)
- **Sophia Wahla** (female), GDC Reg 77608: BDS 29-Jun-2000, MFDS RCS, MSc, MOrth RCS, FDS (Orth) RCS; Company Director (Mon & Wed)

You can express a preference about which dentist you see; we will make all reasonable efforts to ensure that the request is met. The practice does not have a dental hygienist.

#### Support Team

- Practice Manager and Treatment Coordinator—Karen Medicott
- Orthodontic Therapist—Marta Bird (female) GDC Reg 223883
- Dental Nurses—Giselle Cox (GDC 135168), Pauline Jones (GDC 107351), Anna Salhotra (GDC 254762)

### Opening hours

Mon	8:30 a.m. to 6:00 p.m.	
Tue	8:30 a.m. to 6:00 p.m.	
Wed	9:00 a.m. to 5:00 p.m.	
Thu	9:00 a.m. to noon	(Reception only)
Fri	8:30 a.m. to 6:00 p.m.	
Sat	9:00 a.m. to 1:00 p.m.	(1 in 3)

We are closed for lunch from 1:00 p.m. to 2:00 p.m.

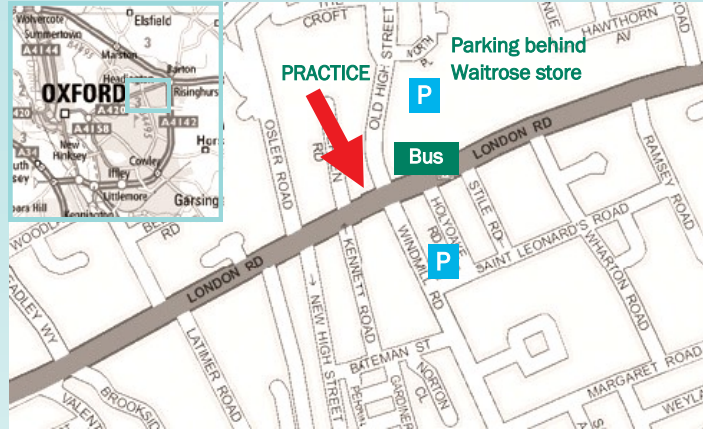
NHS appointments 8:30 a.m. to 4:00 p.m. Mon, Tue, Wed & Fri.

### Company Registration

Oxford Orthodontic Centre is the trading name of Oxford Orthodontics Limited, which is registered in England and Wales; registration number 09597711, registered address 65A High Street, Stevenage SG1 3AQ.



**Oxford Orthodontic Centre**  
95a London Road  
Headington  
Oxford OX3 9AE



### Location

The Oxford Orthodontic Centre is located in the centre of Headington, close to car parking facilities and local transportation links. We are situated between NatWest Bank and Barclays Bank on the London Road on the first floor over the stationery shop Pen To Paper, opposite Iceland.

### Car Parking

There are two local pay-and-display car parks; Old High Street behind Waitrose supermarket and on the corner of Windmill Road and St Leonard's Road (about 5 minute walk away).

### Arrival by Bus

Several bus routes (from the city centre to Barton and Risinghurst) stop close to the practice on the London Road in the centre of Headington.

### Arrival by Car

Leave the Oxford ring road at the Headington (Green Road) roundabout and follow the signs to the City Centre & Hospitals. At the traffic lights in the centre of Headington turn either right into Old High Street or left into Windmill Road to access the pay-and-display car parks. Allow about 5 minutes to walk from the car parks to the practice.

01865 308818 (Tel)  
01865 769088 (Fax)  
enquiries@braces4oxford.co.uk  
www.braces4oxford.co.uk



Patient Information Leaflet

